



Elcam Community Center Kitchen Safety  
189 West Creek Road  
Saint Marys, PA 15857

## Improvements in Kitchen Safety as of Monday, May 16, 2011:

1. Purchased two grabbers
2. Purchased a sturdy stool
3. Storage of light, rarely used items up high in the cupboards
4. Storage of heavy, regularly used items low in the cupboards
5. Storage of light, rarely used kitchen appliances above the cupboards
6. Storage of heavy, regularly used kitchen appliances on the counters
7. Relabeled the cupboards
8. Storage of rarely used outdoor items in the outdoor shed

These improvements were based on information provided by the Pennsylvania Department of Aging in their pamphlet entitled “Pennsylvania’s Healthy Steps for Older Adults: A Guide to Preventing Falls.”