



189 West Creek Road  
St. Marys, PA 15857  
Phone 814-781-7101  
Fax 814-834-1560

10 Industrial Drive  
DuBois, PA 15801  
Phone 814-371-7634  
Fax 814-371-7641

## REHABILITATION SERVICES

- Adult Developmental Training
- Employment
- Light Duty Programs
- Pre-Vocational Services
- Work Evaluation/Job Training

### ELCAM COMMUNITY CENTER PROGRAMS 2014

1. Art Program (every week on Tuesdays, Wednesdays and Fridays, one week per month on Mondays and Thursdays)
2. Basic Computer Training Program (available every Center day)
3. Communication Program (available every Center day) **NEW ACTIVITIES!**
4. Community (Mondays, Thursdays and for all CHIPP Participants) **NEW ACTIVITIES!**
5. Community Activities Program (every week on Mondays and Thursdays only, two weeks per month on Tuesdays, Wednesdays and Fridays) **NEW COMMUNITY OUTINGS!**
6. Cooking to Learn Program (Mondays and Thursdays) **NEW RECIPES!**
7. Conversation Skills on the Job and in the Community (Thursdays only)
8. Gardening Program (seasonal, based on Individual Interest, March through October) **NEW GARDENING ACTIVITIES!**
9. Getting Along With People at Work (Mondays, Tuesdays, Wednesdays and Fridays)
10. Guinea Pig Care Program (Extensive Care on Mondays and Fridays but available every Center day)
11. Hand Hygiene Training Program (available every Center day)
12. Health Advocacy Program (Tuesdays, Wednesdays, Thursdays and Fridays)
13. Indoor Activities Program (available every Center day) **NEW ACTIVITIES!**
14. Microwave Cooking Program (Mondays and Thursdays) **NEW RECIPES!**
15. **NEW!** Money Math Program (Thursdays only)
16. Music Program (every other Wednesday)
17. Personal Daily Log (available every Center day)
18. Seated Exercises Program (One week per month, time permitting)
19. Snack Program (One week per month) **NEW RECIPES!**
20. *Indoor/Outdoor* Sports Program (Indoors, Monday through Friday each week and Outdoors, May through October, weather permitting)
21. Survival Vocabulary (Mondays, Tuesdays, Wednesdays and Fridays)
22. *Indoor/Outdoor* Walking Program (based on Individual Interest, available every Center day)